BRFSS Detailed Summary Table for South Heartland District Health Department Adults 18 and Older, 2011-2014

Indicators	Overall							Men							Women							LHD Gender Diff.[e]
	South Heartland			State of NE				South Heartland			State of NE				South Heartland			State of NE				
	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	Sig[d]	
General Health Status																						
General health fair or poor																						
2011	872	17.3%	(14.4 - 20.7)	25,347	14.3%	(13.7 - 14.9)	NS	338	17.8%	(13.7 - 22.9)	10,198	14.8%	(13.9 - 15.7)	NS	534	16.8%	(13.0 - 21.5)	15,149	13.9%	(13.1 - 14.7)	NS	No
2012	605	13.8%	(10.6 - 17.8)	19,132	14.4%	(13.7 - 15.2)	NS	236	11.2%	(7.5 - 16.3)	7,855	14.6%	(13.5 - 15.7)	NS	369	16.3%	(11.4 - 22.6)	11,277	14.3%	(13.4 - 15.2)	NS	No
2013	621	16.8%	(13.3 - 20.9)	17,106	13.9%	(13.1 - 14.8)	NS	267	18.1%	(12.7 - 25.2)	6,963	13.4%	(12.2 - 14.7)	NS	354	15.4%	(11.6 - 20.2)	10,143	14.4%	(13.3 - 15.6)	NS	No
2014	936	14.5%	(12.2 - 17.1)	22,369	13.2%	(12.5 - 13.9)	NS	413	14.2%	(11.0 - 18.2)	9,584	13.5%	(12.5 - 14.6)	NS	523	14.7%	(11.6 - 18.5)	12,785	12.9%	(12.1 - 13.9)	NS	No
Average number of days physical health was not good in past 30 days																						
2011	860	3.1	(2.6 - 3.7)	24,901	3.2	(3.0 - 3.3)	NS	337	3.1	(2.2 - 4.0)	10,067	2.9	(2.7 - 3.1)	NS	523	3.2	(2.5 - 3.8)	14,834	3.4	(3.2 - 3.6)	NS	No
2012	599	3.5	(2.7 - 4.4)	18,819	3.2	(3.1 - 3.4)	NS	235	3.0	(1.8 - 4.1)	7,759	2.9	(2.7 - 3.1)	NS	364	4.1	(2.9 - 5.2)	11,060	3.6	(3.4 - 3.8)	NS	No
2013	610	3.6	(2.8 - 4.5)	16,808	3.1	(2.9 - 3.3)	NS	264	3.8	(2.4 - 5.2)	6,877	2.8	(2.5 - 3.0)	NS	346	3.4	(2.5 - 4.4)	9,931	3.4	(3.2 - 3.7)	NS	No
2014	913	3.4	(2.8 - 4.1)	22,023	3.0	(2.9 - 3.2)	NS	401	3.6	(2.6 - 4.6)	9,463	2.8	(2.6 - 3.1)	NS	512	3.3	(2.5 - 4.1)	12,560	3.2	(3.0 - 3.4)	NS	No
Physical health was not good on 14 or more of the past 30 days																						
2011	860	10.1%	(8.2 - 12.6)	24,901	9.6%	(9.1 - 10.1)	NS	337	10.4%	(7.4 - 14.2)	10,067	9.0%	(8.3 - 9.8)	NS	523	9.9%	(7.5 - 13.2)	14,834	10.1%	(9.4 - 10.8)	NS	No
2012	599	11.2%	(8.2 - 15.2)	18,819	9.8%	(9.2 - 10.4)	NS	235	9.9%	(5.8 - 16.4)	7,759	8.6%	(7.8 - 9.5)	NS	364	12.6%	(8.6 - 18.0)	11,060	11.0%	(10.1 - 11.8)	NS	No
2013	610	10.8%	(8.1 - 14.3)	16,808	9.2%	(8.5 - 9.9)	NS	264	11.1%	(6.9 - 17.3)	6,877	7.9%	(7.0 - 8.9)	NS	346	10.6%	(7.5 - 14.7)	9,931	10.4%	(9.4 - 11.5)	NS	No
2014	913	10.4%	(8.2 - 13.0)	22,023	9.0%	(8.4 - 9.6)	NS	401	11.1%	(7.9 - 15.4)	9,463	8.3%	(7.5 - 9.2)	NS	512	9.7%	(7.1 - 13.0)	12,560	9.7%	(9.0 - 10.5)	NS	No
Average number of days mental health was not good in past 30 days																						
2011	858	3.4	(2.7 - 4.0)	25,036	3.1	(2.9 - 3.2)	NS	332	2.9	(2.1 - 3.8)	10,097	2.5	(2.3 - 2.7)	NS	526	3.8	(2.9 - 4.7)	14,939	3.6	(3.4 - 3.8)	NS	No
2012	592	2.5	(1.8 - 3.2)	18,935	3.0	(2.9 - 3.2)	NS	231	1.7	(0.8 - 2.5)	7,786	2.6	(2.4 - 2.8)	NS	361	3.4	(2.3 - 4.5)	11,149	3.5	(3.3 - 3.7)	NS	No
2013	615	2.7	(1.9 - 3.6)	16,889	3.0	(2.8 - 3.1)	NS	266	2.8	(1.6 - 4.1)	6,889	2.3	(2.1 - 2.6)	NS	349	2.7	(1.6 - 3.7)	10,000	3.5	(3.3 - 3.8)	NS	No
2014	919	2.7	(2.2 - 3.2)	22,131	2.8	(2.6 - 2.9)	NS	402	2.0	(1.4 - 2.7)	9,482	2.3	(2.1 - 2.5)	NS	517	3.3	(2.5 - 4.1)	12,649	3.3	(3.1 - 3.5)	NS	No
Mental health was not good on 14 or more of the past 30 days (i.e., frequent mental distress)																						
2011	858	11.0%	(8.6 - 14.0)	25,036	9.2%	(8.7 - 9.7)	NS	332	9.4%	(6.2 - 14.0)	10,097	7.7%	(7.0 - 8.4)	NS	526	12.5%	(9.2 - 16.9)	14,939	10.7%	(9.9 - 11.5)	NS	No
2012	592	7.2%	(4.8 - 10.7)	18,935	9.0%	(8.4 - 9.7)	NS	231	5.0%	(2.4 - 10.3)	7,786	7.4%	(6.6 - 8.3)	NS	361	9.4%	(5.9 - 14.7)	11,149	10.6%	(9.7 - 11.5)	NS	No
2013	615	9.0%	(6.1 - 13.0)	16,889	8.9%	(8.2 - 9.6)	NS	266	9.2%	(5.1 - 16.1)	6,889	6.8%	(5.9 - 7.9)	NS	349	8.8%	(5.3 - 14.1)	10,000	10.9%	(9.8 - 12.0)	NS	No
2014	919	8.1%	(6.3 - 10.5)	22,131	8.2%	(7.6 - 8.8)	NS	402	5.5%	(3.3 - 8.9)	9,482	6.4%	(5.6 - 7.3)	NS	517	10.7%	(7.9 - 14.3)	12,649	9.9%	(9.0 - 10.8)	NS	No
Average days poor physical or mental health limited usual activities in past 30 days																						
2011	864	1.6	(1.2 - 1.9)	25,183	1.9	(1.8 - 2.0)	NS	336	1.5	(1.0 - 2.0)	10,136	1.7	(1.6 - 1.9)	NS	528	1.6	(1.2 - 2.1)	15,047	2.0	(1.9 - 2.1)	NS	No
2012	601	1.8	(1.1 - 2.4)	19,022	2.0	(1.8 - 2.1)	NS	236	0.9	(0.4 - 1.5)	7,819	1.7	(1.5 - 1.9)	-	365	2.5	(1.5 - 3.6)	11,203	2.2	(2.0 - 2.4)	NS	No
2013	619	2.2	(1.6 - 2.9)	16,986	1.9	(1.7 - 2.0)	NS	269	2.4	(1.3 - 3.6)	6,936	1.7	(1.5 - 1.9)	NS	350	2.1	(1.3 - 2.8)	10,050	2.0	(1.9 - 2.2)	NS	No
2014	932	1.9	(1.5 - 2.4)	22,227	1.8	(1.7 - 1.9)	NS	410	2.1	(1.3 - 2.8)	9,540	1.6	(1.5 - 1.8)	NS	522	1.8	(1.3 - 2.4)	12,687	1.9	(1.8 - 2.1)	NS	No
Poor physical or mental health limited usual activities on 14 or more of the past 30 days																						
2011	864	4.4%	(3.3 - 6.0)	25,183	5.8%	(5.4 - 6.2)	NS	336	3.9%	(2.4 - 6.3)	10,136	5.4%	(4.8 - 6.0)	NS	528	4.9%	(3.3 - 7.3)	15,047	6.2%	(5.7 - 6.8)	NS	No
2012	601	5.6%	(3.6 - 8.6)	19,022	6.4%	(5.9 - 6.9)	NS	236	2.6%	(1.2 - 5.7)	7,819	5.3%	(4.7 - 6.0)	NS	365	8.4%	(5.0 - 13.7)	11,203	7.4%	(6.7 - 8.2)	NS	No
2013	619	7.1%	(4.9 - 10.1)	16,986	5.8%	(5.3 - 6.4)	NS	269	8.1%	(4.6 - 13.9)	6,936	5.2%	(4.4 - 6.1)	NS	350	6.1%	(4.0 - 9.1)	10,050	6.5%	(5.7 - 7.3)	NS	No
2014	932	6.4%	(4.8 - 8.5)	22,227	5.8%	(5.4 - 6.4)	NS	410	6.9%	(4.5 - 10.5)	9,540	5.3%	(4.6 - 6.1)	NS	522	5.9%	(4.0 - 8.6)	12,687	6.4%	(5.7 - 7.1)	NS	No
Health Care Access and Utilization																						
No health care coverage, 18-64 year olds																						
2011	530	19.1%	(15.0 - 23.9)	16,614	19.1%	(18.3 - 20.0)	NS	223	23.2%	(16.8 - 31.1)	7,107	22.0%	(20.7 - 23.4)	NS	307	15.0%	(10.5 - 20.9)	9,507	16.2%	(15.2 - 17.3)	NS	No
2012	344	19.3%	(13.9 - 26.1)	12,310	18.0%	(17.0 - 19.0)	NS	146	16.9%	(10.1 - 26.9)	5,450	20.3%	(18.8 - 21.8)	NS	198	21.7%	(14.2 - 31.8)	6,860	15.7%	(14.5 - 17.0)	NS	No
2013	387	18.0%	(13.1 - 24.3)	10,939	17.6%	(16.4 - 18.9)	NS	172	18.9%	(11.6 - 29.4)	4,720	18.4%	(16.6 - 20.4)	NS	215	17.1%	(11.5 - 24.7)	6,219	16.9%	(15.3 - 18.5)	NS	No
2014	596	13.3%	(10.3 - 17.0)	14,322	15.3%	(14.3 - 16.4)	NS	269	14.1%	(9.7 - 19.9)	6,442	17.0%	(15.5 - 18.7)	NS	327	12.5%	(8.9 - 17.5)	7,880	13.6%	(12.3 - 15.0)	NS	No
Has health care coverage, 18-64 year olds^																						
2011	530	80.9%	(76.1 - 85.0)	16,614	80.9%	(80.0 - 81.7)	NS	223	76.8%	(68.9 - 83.2)	7,107	78.0%	(76.6 - 79.3)	NS	307	85.0%	(79.1 - 89.5)	9,507	83.8%	(82.7 - 84.8)	NS	No
2012	344	80.7%	(73.9 - 86.1)	12,310	82.0%	(81.0 - 83.0)	NS	146	83.1%	(73.1 - 89.9)	5,450	79.7%	(78.2 - 81.2)	NS	198	78.3%	(68.2 - 85.8)	6,860	84.3%	(83.0 - 85.5)	NS	No
2013	387	82.0%	(75.7 - 86.9)	10,939	82.4%	(81.1 - 83.6)	NS	172	81.1%	(70.6 - 88.4)	4,720	81.6%	(79.6 - 83.4)	NS	215	82.9%	(75.3 - 88.5)	6,219	83.1%	(81.5 - 84.7)	NS	No
2014	596	86.7%	(83.0 - 89.7)	14,322	84.7%	(83.6 - 85.7)	NS	269	85.9%	(80.1 - 90.3)	6,442	83.0%	(81.3 - 84.5)	NS	327	87.5%	(82.5 - 91.1)	7,880	86.4%	(85.0 - 87.7)	NS	No
No personal doctor or health care provider																						
2011	870	15.3%	(12.0 - 19.3)	25,340	18.4%	(17.6 - 19.1)	NS	336	20.9%	(15.6 - 27.4)	10,192	25.1%	(23.8 - 26.3)	NS	534	10.2%	(6.5 - 15.5)	15,148	12.0%	(11.1 - 12.8)	NS	Yes
2012	604	11.8%	(8.2 - 16.8)	19,132	17.2%	(16.4 - 18.1)	NS	235	13.3%	(8.0 - 21.3)	7,847	23.7%	(22.3 - 25.1)	-	369	10.4%	(6.0 - 17.4)	11,285	11.0%	(10.1 - 12.0)	NS	No
2013	622	19.5%	(14.6 - 25.5)	17,093	20.9%	(19.8 - 22.0)	NS	268	27.6%	(19.7 - 37.1)	6,956	27.5%	(25.7 - 29.4)	NS	354	11.5%	(6.7 - 19.1)	10,137	14.4%	(13.2 - 15.7)	NS	Yes
2014	940	18.3%	(15.3 - 21.6)	22,353	20.2%	(19.3 - 21.2)	NS	416	25.4%	(20.6 - 30.9)	9,568	27.0%	(25.5 - 28.6)	NS	524	11.3%	(8.4 - 15.1)	12,785	13.6%	(12.5 - 14.8)	NS	Yes
Has a personal doctor or health care provider (one or more than one)^																						
2011	870	84.7%	(80.7 - 88.0)	25,340	81.6%	(80.9 - 82.4)	NS	336	79.1%	(72.6 - 84.4)	10,192	74.9%	(73.7 - 76.2)	NS	534	89.8%	(84.5 - 93.5)	15,148	88.0%	(87.2 - 88.9)	NS	Yes
2012	604	88.2%	(83.2 - 91.8)	19,132	82.8%	(81.9 - 83.6)	NS	235	86.7%	(78.7 - 92.0)	7,847	76.3%	(74.9 - 77.7)	+	369	89.6%	(82.6 - 94.0)	11,285	89.0%	(88.0 - 89.9)	NS	No
2013	622	80.5%	(74.5 - 85.4)	17,093	79.1%	(78.0 - 80.2)	NS	268	72.4%	(62.9 - 80.3)	6,956	72.5%	(70.6 - 74.3)	NS	354	88.5%	(80.9 - 93.3)	10,137	85.6%	(84.3 - 86.8)	NS	Yes
2014	940	81.7%	(78.4 - 84.7)	22,353	79.8%	(78.8 - 80.7)	NS	416	74.6%	(69.1 - 79.4)	9,568	73.0%	(71.4 - 74.5)	NS	524	88.7%	(84.9 - 91.6)	12,785	86.4%	(85.2 - 87.5)	NS	Yes

Indicators	Overall								Men								Women								LHD Gender Diff.[e]
	South Heartland			State of NE					South Heartland			State of NE					South Heartland			State of NE					
	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	Sig[d]		n[a]	mean or %[b]	95% C.I.[c] (Low - High)	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	Sig[d]		n[a]	mean or %[b]	95% C.I.[c] (Low - High)	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	Sig[d]		
Has a personal doctor or health care provider (one or more than one), aged 65 years and older^																									
2011	341	94.2%	(90.0 - 96.7)	8,584	95.7%	(95.1 - 96.2)	NS		114	90.5%	(82.6 - 95.1)	3,033	94.4%	(93.4 - 95.3)	NS		227	96.8%	(91.0 - 98.9)	5,551	96.6%	(95.9 - 97.1)	NS		No
2012	258	96.1%	(93.1 - 97.8)	6,711	95.6%	(94.7 - 96.3)	NS		90	97.0%	(90.9 - 99.0)	2,368	93.6%	(91.9 - 95.0)	NS		168	95.3%	(91.3 - 97.5)	4,343	97.1%	(96.3 - 97.7)	NS		No
2013	230	93.7%	(89.1 - 96.4)	6,015	93.9%	(92.9 - 94.8)	NS		94	92.3%	(84.3 - 96.4)	2,188	92.3%	(90.4 - 93.8)	NS		136	94.9%	(88.2 - 97.9)	3,827	95.2%	(93.9 - 96.2)	NS		No
2014	331	92.9%	(88.8 - 95.5)	7,833	95.1%	(94.4 - 95.7)	NS		139	89.5%	(82.0 - 94.1)	3,057	93.5%	(92.2 - 94.6)	NS		192	95.9%	(91.2 - 98.2)	4,776	96.4%	(95.7 - 96.9)	NS		No
Needed to see a doctor but could not due to cost in past year^																									
2011	873	11.7%	(9.1 - 14.9)	25,350	12.5%	(11.9 - 13.2)	NS		340	9.7%	(6.3 - 14.4)	10,203	10.7%	(9.9 - 11.6)	NS		533	13.6%	(9.9 - 18.4)	15,147	14.2%	(13.4 - 15.2)	NS		No
2012	603	9.5%	(6.5 - 13.5)	19,144	12.8%	(12.1 - 13.6)	NS		235	5.3%	(2.8 - 9.7)	7,859	11.1%	(10.0 - 12.2)	-		368	13.5%	(8.7 - 20.4)	11,285	14.4%	(13.4 - 15.5)	NS		No
2013	623	8.7%	(6.3 - 11.9)	17,103	13.0%	(12.1 - 13.9)	-		269	6.7%	(4.0 - 11.3)	6,963	10.9%	(9.7 - 12.2)	NS		354	10.6%	(7.1 - 15.7)	10,140	15.0%	(13.8 - 16.4)	NS		No
2014	936	11.2%	(9.0 - 13.9)	22,358	11.9%	(11.1 - 12.6)	NS		413	9.8%	(6.9 - 13.9)	9,587	10.2%	(9.1 - 11.3)	NS		523	12.5%	(9.4 - 16.3)	12,771	13.5%	(12.4 - 14.6)	NS		No
Had a routine checkup in past year																									
2011	862	56.9%	(52.6 - 61.1)	24,983	57.7%	(56.8 - 58.7)	NS		335	50.5%	(43.9 - 57.0)	10,049	50.6%	(49.2 - 52.0)	NS		527	62.9%	(57.3 - 68.1)	14,934	64.6%	(63.4 - 65.8)	NS		Yes
2012	603	63.0%	(57.6 - 68.2)	18,929	60.4%	(59.4 - 61.4)	NS		237	63.3%	(54.8 - 71.0)	7,789	55.0%	(53.5 - 56.6)	NS		366	62.8%	(55.6 - 69.5)	11,140	65.6%	(64.3 - 66.9)	NS		No
2013	616	61.8%	(56.2 - 67.1)	16,919	61.6%	(60.4 - 62.8)	NS		264	54.7%	(46.2 - 63.0)	6,899	56.2%	(54.3 - 58.1)	NS		352	68.5%	(61.6 - 74.7)	10,020	66.8%	(65.3 - 68.4)	NS		No
2014	927	64.2%	(60.4 - 67.9)	22,089	63.3%	(62.2 - 64.4)	NS		411	59.6%	(53.9 - 65.1)	9,487	57.7%	(56.1 - 59.3)	NS		516	68.7%	(63.5 - 73.4)	12,602	68.8%	(67.4 - 70.1)	NS		No
Heart Disease and Stroke																									
Ever told they had a heart attack																									
2011	874	4.6%	(3.4 - 6.3)	25,292	4.3%	(4.0 - 4.7)	NS		340	6.9%	(4.6 - 10.1)	10,194	5.7%	(5.2 - 6.3)	NS		534	2.5%	(1.5 - 4.1)	15,098	2.9%	(2.6 - 3.3)	NS		Yes
2012	604	5.3%	(3.5 - 8.1)	19,102	4.1%	(3.7 - 4.4)	NS		235	7.7%	(4.6 - 12.7)	7,842	5.3%	(4.8 - 6.0)	NS		369	3.0%	(1.4 - 6.5)	11,260	2.9%	(2.5 - 3.2)	NS		No
2013	623	7.6%	(5.2 - 11.1)	17,035	4.0%	(3.6 - 4.4)	+		269	10.2%	(6.1 - 16.6)	6,925	5.2%	(4.6 - 5.9)	+		354	5.1%	(3.0 - 8.6)	10,110	2.9%	(2.4 - 3.4)	NS		No
2014	937	5.3%	(3.9 - 7.1)	22,308	3.8%	(3.5 - 4.2)	NS		412	8.5%	(6.0 - 11.8)	9,540	5.1%	(4.6 - 5.6)	+		525	2.2%	(1.3 - 3.7)	12,768	2.6%	(2.3 - 3.0)	NS		Yes
Ever told they have coronary heart disease																									
2011	864	4.1%	(3.1 - 5.6)	25,121	3.9%	(3.6 - 4.2)	NS		337	5.5%	(3.6 - 8.1)	10,110	4.8%	(4.4 - 5.3)	NS		527	2.9%	(1.9 - 4.5)	15,011	3.1%	(2.7 - 3.4)	NS		No
2012	596	5.4%	(3.7 - 7.8)	18,988	3.9%	(3.6 - 4.3)	NS		232	9.0%	(5.8 - 13.7)	7,796	4.9%	(4.4 - 5.5)	+		364	1.9%	(1.0 - 3.6)	11,192	3.0%	(2.6 - 3.4)	NS		Yes
2013	616	5.7%	(4.1 - 7.8)	16,942	4.1%	(3.7 - 4.5)	NS		266	6.7%	(4.3 - 10.3)	6,884	5.1%	(4.5 - 5.8)	NS		350	4.6%	(2.8 - 7.5)	10,058	3.0%	(2.6 - 3.6)	NS		No
2014	931	6.0%	(4.6 - 7.8)	22,201	3.9%	(3.6 - 4.3)	+		410	7.8%	(5.6 - 10.9)	9,508	4.8%	(4.3 - 5.4)	+		521	4.3%	(2.9 - 6.3)	12,693	3.1%	(2.7 - 3.5)	NS		No
Ever told they had a heart attack or coronary heart disease																									
2011	864	6.3%	(4.8 - 8.1)	25,024	5.9%	(5.6 - 6.3)	NS		337	9.0%	(6.4 - 12.4)	10,081	7.5%	(6.9 - 8.1)	NS		527	3.8%	(2.5 - 5.6)	14,943	4.5%	(4.1 - 4.9)	NS		Yes
2012	594	8.5%	(6.1 - 11.7)	18,930	6.0%	(5.6 - 6.4)	NS		230	12.8%	(8.6 - 18.5)	7,772	7.6%	(6.9 - 8.3)	+		364	4.4%	(2.4 - 7.8)	11,158	4.4%	(4.0 - 4.9)	NS		Yes
2013	616	9.1%	(6.5 - 12.6)	16,853	5.9%	(5.4 - 6.4)	+		266	12.4%	(7.9 - 18.8)	6,835	7.3%	(6.6 - 8.2)	NS		350	5.9%	(3.8 - 9.2)	10,018	4.5%	(3.9 - 5.1)	NS		No
2014	928	8.0%	(6.4 - 10.0)	22,111	5.8%	(5.4 - 6.2)	+		407	10.9%	(8.1 - 14.5)	9,449	7.2%	(6.5 - 7.8)	+		521	5.3%	(3.7 - 7.4)	12,662	4.5%	(4.0 - 5.0)	NS		Yes
Ever told they had a stroke																									
2011	873	3.2%	(2.2 - 4.6)	25,355	2.6%	(2.4 - 2.9)	NS		340	4.2%	(2.6 - 6.9)	10,209	2.4%	(2.1 - 2.8)	NS		533	2.2%	(1.4 - 3.5)	15,146	2.8%	(2.5 - 3.2)	NS		No
2012	606	3.4%	(2.0 - 5.5)	19,118	2.4%	(2.2 - 2.7)	NS		237	2.3%	(0.9 - 5.8)	7,851	2.7%	(2.3 - 3.1)	NS		369	4.4%	(2.4 - 7.8)	11,267	2.2%	(1.9 - 2.6)	NS		No
2013	622	5.8%	(3.8 - 8.7)	17,080	2.5%	(2.2 - 2.8)	+		269	7.5%	(4.2 - 12.9)	6,954	2.2%	(1.9 - 2.6)	+		353	4.1%	(2.3 - 7.3)	10,126	2.8%	(2.4 - 3.3)	NS		No
2014	939	2.8%	(1.9 - 4.1)	22,358	2.6%	(2.4 - 2.9)	NS		414	2.6%	(1.4 - 4.8)	9,575	2.7%	(2.3 - 3.1)	NS		525	3.0%	(1.8 - 4.8)	12,783	2.6%	(2.2 - 3.0)	NS		No
Blood Pressure and Cholesterol																									
Had blood pressure checked in past year																									
2011	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2012	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2013	278	85.0%	(78.8 - 89.6)	7,804	84.6%	(83.1 - 86.0)	NS		120	80.9%	(70.5 - 88.2)	3,150	81.2%	(78.8 - 83.4)	NS		158	89.0%	(81.6 - 93.7)	4,654	87.8%	(85.8 - 89.5)	NS		No
2014	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
Ever told they have high blood pressure (excluding pregnancy)^																									
2011	871	35.7%	(31.8 - 39.7)	25,356	28.5%	(27.8 - 29.3)	+		339	39.4%	(33.3 - 45.8)	10,212	30.3%	(29.1 - 31.5)	+		532	32.2%	(27.5 - 37.3)	15,144	26.9%	(25.9 - 27.9)	NS		No
2012	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2013	621	35.9%	(31.3 - 40.8)	17,085	30.3%	(29.2 - 31.4)	NS		268	38.2%	(31.0 - 45.8)	6,956	32.5%	(30.8 - 34.1)	NS		353	33.7%	(28.1 - 39.9)	10,129	28.2%	(26.9 - 29.6)	NS		No
2014	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
Currently taking blood pressure medication, among those ever told they have high BP																									
2011	361	70.9%	(63.2 - 77.6)	9,505	77.9%	(76.5 - 79.2)	NS		152	64.7%	(53.7 - 74.3)	3,877	72.0%	(69.8 - 74.1)	NS		209	78.2%	(67.0 - 86.3)	5,628	84.2%	(82.5 - 85.7)	NS		No
2012	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2013	262	78.4%	(71.0 - 84.4)	6,747	78.5%	(76.6 - 80.3)	NS		120	77.0%	(66.2 - 85.2)	2,828	73.1%	(70.2 - 75.9)	NS		142	80.0%	(68.8 - 87.8)	3,919	84.5%	(82.3 - 86.4)	NS		No
2014	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
Had cholesterol checked in past 5 years^																									
2011	839	73.7%	(69.2 - 77.7)	24,606	71.8%	(71.0 - 72.7)	NS		324	66.1%	(59.0 - 72.5)	9,923	67.9%	(66.6 - 69.3)	NS		515	80.6%	(75.1 - 85.1)	14,683	75.6%	(74.5 - 76.7)	NS		Yes
2012	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2013	603	74.7%	(68.7 - 79.9)	16,649	74.0%	(72.8 - 75.2)	NS		258	72.7%	(63.2 - 80.6)	6,804	71.1%	(69.2 - 72.9)	NS		345	76.7%	(68.9 - 83.0)	9,845	76.9%	(75.3 - 78.4)	NS		No
2014	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			

Indicators	Overall								Men								Women								LHD Gender Diff.[e]
	South Heartland				State of NE				South Heartland				State of NE				South Heartland				State of NE				
	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	
Ever told they have high cholesterol, among those who have ever had it checked^																											
2011	755	41.4%	(37.3	- 45.6)	20,831	38.3%	(37.3	- 39.3)	NS	272	46.3%	(39.6	- 53.2)	8,015	40.6%	(39.1	- 42.1)	NS	483	37.6%	(32.7	- 42.7)	12,816	36.3%	(35.1	- 37.6)	NS	No
2012	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2013	532	43.2%	(38.1	- 48.4)	14,365	37.4%	(36.1	- 38.6)	NS	222	43.8%	(36.0	- 52.0)	5,672	40.0%	(38.0	- 41.9)	NS	310	42.5%	(36.3	- 49.0)	8,693	35.0%	(33.5	- 36.6)	NS	No
2014	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
Diabetes																											
Ever told they have diabetes (excluding pregnancy)^																											
2011	874	7.8%	(6.2	- 9.9)	25,393	8.4%	(7.9	- 8.8)	NS	340	9.1%	(6.5	- 12.6)	10,222	8.6%	(7.9	- 9.3)	NS	534	6.6%	(4.8	- 9.1)	15,171	8.2%	(7.6	- 8.8)	NS	No
2012	606	9.4%	(6.7	- 12.9)	19,156	8.1%	(7.6	- 8.6)	NS	237	8.3%	(5.1	- 13.1)	7,861	8.3%	(7.6	- 9.1)	NS	369	10.4%	(6.6	- 16.1)	11,295	7.9%	(7.3	- 8.5)	NS	No
2013	622	11.8%	(9.2	- 15.0)	17,110	9.2%	(8.5	- 9.9)	NS	268	13.1%	(9.1	- 18.4)	6,968	10.1%	(9.0	- 11.2)	NS	354	10.5%	(7.5	- 14.6)	10,142	8.3%	(7.5	- 9.2)	NS	No
2014	940	10.8%	(8.8	- 13.1)	22,387	9.2%	(8.6	- 9.7)	NS	416	11.4%	(8.6	- 15.1)	9,597	9.7%	(8.9	- 10.6)	NS	524	10.2%	(7.7	- 13.4)	12,790	8.6%	(7.9	- 9.3)	NS	No
Ever told they have pre-diabetes (excluding pregnancy)																											
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2013	327	6.1%	(3.8	- 9.6)	8,549	5.5%	(4.8	- 6.3)	NS	139	7.3%	(3.9	- 13.3)	3,452	5.9%	(4.8	- 7.2)	NS	188	4.8%	(2.5	- 9.1)	5,097	5.1%	(4.1	- 6.2)	NS	No
2014	490	6.5%	(4.4	- 9.4)	11,165	5.8%	(5.1	- 6.5)	NS	212	9.6%	(6.0	- 15.2)	4,723	5.8%	(4.8	- 6.9)	NS	278	3.6%	(2.0	- 6.1)	6,442	5.7%	(4.9	- 6.7)	NS	No
Cancer																											
Ever told they have skin cancer																											
2011	870	7.5%	(6.0	- 9.4)	25,359	5.6%	(5.3	- 6.0)	NS	340	9.0%	(6.5	- 12.2)	10,205	6.3%	(5.8	- 6.8)	NS	530	6.1%	(4.4	- 8.5)	15,154	5.0%	(4.6	- 5.5)	NS	No
2012	604	9.3%	(7.1	- 12.1)	19,133	5.6%	(5.2	- 6.0)	+	236	11.0%	(7.6	- 15.7)	7,859	5.8%	(5.3	- 6.4)	+	368	7.7%	(5.1	- 11.4)	11,274	5.4%	(4.9	- 6.0)	NS	No
2013	620	7.7%	(5.7	- 10.4)	17,087	5.9%	(5.5	- 6.3)	NS	267	7.6%	(5.1	- 11.2)	6,956	6.3%	(5.7	- 7.1)	NS	353	7.8%	(5.0	- 12.2)	10,131	5.4%	(4.9	- 6.0)	NS	No
2014	941	5.9%	(4.6	- 7.5)	22,369	5.7%	(5.4	- 6.1)	NS	416	6.0%	(4.1	- 8.6)	9,585	5.9%	(5.4	- 6.5)	NS	525	5.9%	(4.2	- 8.0)	12,784	5.6%	(5.0	- 6.1)	NS	No
Ever told they have cancer other than skin cancer																											
2011	871	8.4%	(6.6	- 10.7)	25,369	6.6%	(6.2	- 7.0)	NS	340	8.6%	(6.0	- 12.1)	10,219	5.0%	(4.6	- 5.5)	+	531	8.3%	(5.9	- 11.5)	15,150	8.1%	(7.5	- 8.6)	NS	No
2012	604	6.4%	(4.6	- 8.8)	19,136	6.5%	(6.0	- 6.9)	NS	236	5.3%	(3.1	- 8.8)	7,858	5.0%	(4.5	- 5.6)	NS	368	7.5%	(4.9	- 11.3)	11,278	7.9%	(7.2	- 8.5)	NS	No
2013	622	6.8%	(5.0	- 9.2)	17,104	6.8%	(6.3	- 7.3)	NS	269	5.4%	(3.3	- 8.7)	6,965	5.6%	(5.0	- 6.4)	NS	353	8.2%	(5.4	- 12.0)	10,139	8.0%	(7.3	- 8.8)	NS	No
2014	940	7.7%	(6.1	- 9.7)	22,379	6.1%	(5.8	- 6.5)	NS	416	7.3%	(5.1	- 10.3)	9,589	4.6%	(4.1	- 5.1)	+	524	8.1%	(6.0	- 11.0)	12,790	7.7%	(7.1	- 8.3)	NS	No
Ever told they have cancer (in any form)																											
2011	867	14.3%	(11.9	- 16.9)	25,315	11.2%	(10.7	- 11.7)	+	340	15.2%	(11.8	- 19.4)	10,192	10.1%	(9.5	- 10.8)	+	527	13.4%	(10.4	- 17.0)	15,123	12.2%	(11.5	- 12.9)	NS	No
2012	602	14.4%	(11.6	- 17.7)	19,100	10.8%	(10.3	- 11.4)	+	235	15.0%	(10.9	- 20.3)	7,846	9.6%	(8.9	- 10.4)	+	367	13.7%	(10.3	- 18.1)	11,254	11.9%	(11.2	- 12.7)	NS	No
2013	619	12.7%	(10.1	- 15.8)	17,062	11.4%	(10.8	- 12.1)	NS	267	11.7%	(8.4	- 16.1)	6,946	10.6%	(9.7	- 11.6)	NS	352	13.6%	(9.9	- 18.3)	10,116	12.3%	(11.4	- 13.2)	NS	No
2014	940	11.7%	(9.8	- 14.0)	22,337	10.7%	(10.2	- 11.3)	NS	416	11.1%	(8.4	- 14.4)	9,567	9.3%	(8.6	- 10.0)	NS	524	12.4%	(9.8	- 15.6)	12,770	12.1%	(11.4	- 12.9)	NS	No
Up-to-date on colon cancer screening, 50-75 year olds^																											
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	310	59.9%	(53.1	- 66.4)	9,022	61.1%	(59.6	- 62.5)	NS	121	63.2%	(52.3	- 72.9)	3,733	58.4%	(56.1	- 60.6)	NS	189	57.1%	(48.4	- 65.3)	5,289	63.6%	(61.7	- 65.4)	NS	No
2013	315	61.0%	(54.6	- 67.0)	7,979	62.8%	(61.1	- 64.4)	NS	133	58.3%	(48.5	- 67.6)	3,275	61.0%	(58.5	- 63.6)	NS	182	63.2%	(54.8	- 70.8)	4,704	64.4%	(62.2	- 66.6)	NS	No
2014	468	62.8%	(57.7	- 67.7)	10,647	64.1%	(62.7	- 65.5)	NS	200	59.6%	(51.7	- 67.0)	4,681	63.0%	(60.9	- 65.1)	NS	268	65.8%	(59.0	- 72.0)	5,966	65.2%	(63.3	- 67.0)	NS	No
Up-to-date on breast cancer screening, female 50-74 year olds^																											
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	180	75.8%	(67.3	- 82.7)	5,200	74.9%	(73.2	- 76.5)	NS	-	-	-	-	-	-	-	-		180	75.8%	(67.3	- 82.7)	5,200	74.9%	(73.2	- 76.5)	NS	NA
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2014	265	71.7%	(65.1	- 77.4)	5,905	76.1%	(74.5	- 77.7)	NS	-	-	-	-	-	-	-	-		265	71.7%	(65.1	- 77.4)	5,905	76.1%	(74.5	- 77.7)	NS	NA
Up-to-date on cervical cancer screening, female 21-65 year olds^																											
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	128	85.6%	(75.9	- 91.8)	5,055	83.9%	(82.5	- 85.2)	NS	-	-	-	-	-	-	-	-		128	85.6%	(75.9	- 91.8)	5,055	83.9%	(82.5	- 85.2)	NS	NA
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2014	241	79.3%	(72.8	- 84.5)	5,778	81.7%	(80.0	- 83.3)	NS	-	-	-	-	-	-	-	-		241	79.3%	(72.8	- 84.5)	5,778	81.7%	(80.0	- 83.3)	NS	NA
Arthritis																											
Ever told they have arthritis																											
2011	870	26.2%	(23.1	- 29.6)	25,285	23.4%	(22.8	- 24.1)	NS	337	21.7%	(17.4	- 26.8)	10,184	20.1%	(19.2	- 21.1)	NS	533	30.4%	(26.2	- 35.1)	15,101	26.6%	(25.7	- 27.6)	NS	No
2012	601	30.6%	(26.4	- 35.3)	19,089	24.6%	(23.8	- 25.4)	+	235	29.3%	(23.0	- 36.6)	7,839	21.5%	(20.3	- 22.6)	+	366	31.9%	(26.4	- 37.9)	11,250	27.7%	(26.6	- 28.8)	NS	No
2013	619	28.5%	(24.4	- 32.9)	17,017	24.7%	(23.8	- 25.7)	NS	268	26.6%	(20.7	- 33.5)	6,925	21.6%	(20.2	- 23.0)	NS	351	30.3%	(25.1	- 36.2)	10,092	27.8%	(26.5	- 29.2)	NS	No
2014	939	30.9%	(27.7	- 34.4)	22,306	24.6%	(23.8	- 25.4)	+	415	29.7%	(25.0	- 34.9)	9,559	21.6%	(20.5	- 22.8)	+	524	32.1%	(27.8	- 36.8)	12,747	27.4%	(26.3	- 28.6)	NS	No
Currently have activity limitations due to arthritis, among those ever told they have arthritis^																											
2011	289	47.6%	(40.9	- 54.3)	7,973	45.2%	(43.6	- 46.8)	NS	90	55.2%	(43.6	- 66.2)	2,711	42.6%	(40.0	- 45.2)	NS	199	42.4%	(34.7	- 50.5)	5,262	47.1%	(45.1	- 49.2)	NS	No
2012	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2013	206	45.2%	(37.0	- 53.6)	5,460	42.4%	(40.3	- 44.6)	NS	80	49.4%	(36.2	- 62.7)	1,861	41.0%	(37.4	- 44.6)	NS	126	41.6%	(32.0	- 51.9)	3,599	43.5%	(40.8	- 46.2)	NS	No
2014	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		

Indicators	Overall								Men								Women								LHD Gender Diff.[e]
	South Heartland				State of NE				South Heartland				State of NE				South Heartland				State of NE				
	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	
Asthma																									
Ever told they have asthma																									
2011	873	10.6%	(8.2 - 13.5)		25,327	11.5%	(10.9 - 12.1)		NS	339	9.4%	(6.5 - 13.5)		10,194	10.5%	(9.6 - 11.3)		NS	534	11.7%	(8.3 - 16.2)		15,133	12.4%	(11.6 - 13.3)		NS	No
2012	604	11.5%	(8.5 - 15.4)		19,105	10.8%	(10.2 - 11.5)		NS	236	8.6%	(5.1 - 14.1)		7,847	9.7%	(8.8 - 10.7)		NS	368	14.3%	(9.8 - 20.4)		11,258	11.9%	(11.1 - 12.9)		NS	No
2013	622	12.4%	(9.4 - 16.2)		17,068	11.2%	(10.5 - 12.0)		NS	268	13.1%	(8.3 - 20.0)		6,946	9.6%	(8.6 - 10.8)		NS	354	11.8%	(8.6 - 15.9)		10,122	12.8%	(11.7 - 13.9)		NS	No
2014	940	12.7%	(10.4 - 15.4)		22,354	12.2%	(11.5 - 13.0)		NS	416	12.1%	(9.0 - 16.2)		9,582	10.8%	(9.8 - 11.9)		NS	524	13.2%	(10.1 - 17.2)		12,772	13.6%	(12.6 - 14.7)		NS	No
Currently have asthma																									
2011	871	7.0%	(5.0 - 9.6)		25,257	7.3%	(6.9 - 7.8)		NS	339	5.3%	(3.3 - 8.6)		10,170	6.0%	(5.4 - 6.7)		NS	532	8.5%	(5.5 - 12.8)		15,087	8.6%	(8.0 - 9.4)		NS	No
2012	603	8.0%	(5.6 - 11.4)		19,053	7.4%	(6.9 - 7.9)		NS	236	5.3%	(2.9 - 9.5)		7,832	6.1%	(5.4 - 6.9)		NS	367	10.7%	(6.8 - 16.3)		11,221	8.7%	(7.9 - 9.4)		NS	No
2013	620	9.1%	(6.6 - 12.5)		17,024	7.3%	(6.7 - 8.0)		NS	268	9.3%	(5.5 - 15.4)		6,930	5.5%	(4.8 - 6.4)		NS	352	8.9%	(6.1 - 12.7)		10,094	9.1%	(8.2 - 10.0)		NS	No
2014	937	9.1%	(7.1 - 11.5)		22,288	7.7%	(7.2 - 8.3)		NS	415	7.5%	(5.1 - 10.7)		9,561	6.2%	(5.5 - 7.0)		NS	522	10.6%	(7.7 - 14.4)		12,727	9.2%	(8.4 - 10.1)		NS	No
Chronic Obstructive Pulmonary Disease (COPD)																									
Ever told they have COPD																									
2011	866	5.6%	(4.1 - 7.5)		25,280	5.0%	(4.6 - 5.3)		NS	335	5.9%	(3.8 - 9.1)		10,171	4.4%	(3.9 - 4.9)		NS	531	5.3%	(3.5 - 7.8)		15,109	5.5%	(5.0 - 6.0)		NS	No
2012	601	5.4%	(3.8 - 7.8)		19,075	5.3%	(4.9 - 5.8)		NS	234	5.6%	(3.3 - 9.2)		7,832	4.7%	(4.1 - 5.3)		NS	367	5.3%	(3.1 - 8.9)		11,243	6.0%	(5.4 - 6.6)		NS	No
2013	622	7.5%	(5.1 - 10.7)		17,035	5.3%	(4.9 - 5.8)		NS	268	10.3%	(6.3 - 16.5)		6,932	4.8%	(4.2 - 5.5)		+	354	4.7%	(2.9 - 7.7)		10,103	5.8%	(5.2 - 6.6)		NS	No
2014	935	7.8%	(6.1 - 9.8)		22,312	5.8%	(5.4 - 6.2)		NS	413	6.7%	(4.6 - 9.7)		9,554	5.5%	(4.9 - 6.2)		NS	522	8.8%	(6.4 - 12.0)		12,758	6.1%	(5.5 - 6.7)		NS	No
Kidney Disease																									
Ever told they have kidney disease																									
2011	873	2.1%	(1.4 - 3.2)		25,345	2.2%	(2.0 - 2.4)		NS	340	1.6%	(0.8 - 3.1)		10,208	2.1%	(1.8 - 2.5)		NS	533	2.6%	(1.6 - 4.4)		15,137	2.2%	(2.0 - 2.5)		NS	No
2012	604	4.3%	(2.7 - 6.6)		19,122	2.4%	(2.2 - 2.7)		+	235	3.6%	(1.9 - 6.9)		7,850	2.2%	(1.8 - 2.6)		NS	369	4.9%	(2.7 - 8.6)		11,272	2.7%	(2.3 - 3.1)		NS	No
2013	623	1.5%	(0.8 - 2.9)		17,080	2.0%	(1.8 - 2.3)		NS	269	1.2%	(0.3 - 4.1)		6,953	1.9%	(1.5 - 2.4)		NS	354	1.7%	(0.8 - 3.6)		10,127	2.1%	(1.8 - 2.6)		NS	No
2014	937	3.3%	(2.3 - 4.6)		22,361	2.1%	(1.9 - 2.4)		NS	415	1.9%	(1.0 - 3.8)		9,585	2.0%	(1.7 - 2.4)		NS	522	4.6%	(3.0 - 6.9)		12,776	2.3%	(2.0 - 2.6)		+	No
Tobacco																									
Current cigarette smoking^																									
2011	874	16.3%	(13.3 - 19.8)		25,324	20.0%	(19.3 - 20.7)		NS	340	18.4%	(13.7 - 24.2)		10,189	22.1%	(21.0 - 23.3)		NS	534	14.4%	(10.8 - 18.8)		15,135	17.9%	(17.0 - 18.9)		NS	No
2012	602	17.9%	(13.7 - 23.1)		18,985	19.7%	(18.9 - 20.6)		NS	237	20.6%	(14.2 - 28.9)		7,801	21.4%	(20.1 - 22.7)		NS	365	15.3%	(10.3 - 22.0)		11,184	18.1%	(17.0 - 19.2)		NS	No
2013	607	16.3%	(12.6 - 20.9)		16,687	18.5%	(17.5 - 19.5)		NS	261	20.7%	(14.5 - 28.7)		6,790	19.8%	(18.3 - 21.4)		NS	346	12.3%	(8.6 - 17.1)		9,897	17.2%	(15.9 - 18.5)		NS	No
2014	918	16.8%	(13.9 - 20.1)		21,729	17.4%	(16.5 - 18.2)		NS	405	17.7%	(13.6 - 22.7)		9,311	18.6%	(17.3 - 19.9)		NS	513	15.8%	(12.0 - 20.6)		12,418	16.2%	(15.1 - 17.3)		NS	No
Attempted to quit smoking in past year, among current cigarette smokers																									
2011	119	47.9%	(37.1 - 58.9)		4,195	55.6%	(53.5 - 57.7)		NS	54	49.4%	(34.1 - 64.9)		1,914	53.4%	(50.4 - 56.3)		NS	65	46.0%	(31.7 - 61.0)		2,281	58.3%	(55.4 - 61.2)		NS	No
2012	77	55.5%	(40.7 - 69.4)		3,023	57.1%	(54.7 - 59.6)		NS	34	-*	-* - -*		1,406	55.2%	(51.7 - 58.7)		NA	43	-*	-* - -*		1,617	59.3%	(55.9 - 62.7)		NA	NA
2013	85	62.9%	(49.7 - 74.4)		2,546	57.1%	(54.1 - 60.2)		NS	44	-*	-* - -*		1,147	55.9%	(51.5 - 60.3)		NA	41	-*	-* - -*		1,399	58.5%	(54.3 - 62.6)		NA	NA
2014	124	63.2%	(52.5 - 72.8)		3,240	58.2%	(55.5 - 60.9)		NS	58	69.9%	(56.3 - 80.8)		1,489	58.0%	(54.1 - 61.8)		NS	66	55.9%	(40.3 - 70.4)		1,751	58.5%	(54.6 - 62.2)		NS	No
Current smokeless tobacco use^																									
2011	874	5.6%	(3.6 - 8.7)		25,406	5.6%	(5.2 - 6.0)		NS	340	10.8%	(6.9 - 16.6)		10,231	10.5%	(9.7 - 11.4)		NS	534	0.8%	(0.2 - 3.0)		15,175	0.8%	(0.6 - 1.0)		NS	Yes
2012	604	9.9%	(6.5 - 14.6)		19,041	5.1%	(4.6 - 5.6)		+	236	19.4%	(13.0 - 28.1)		7,828	9.5%	(8.7 - 10.5)		+	368	0.7%	(0.2 - 2.2)		11,213	0.8%	(0.6 - 1.2)		NS	Yes
2013	608	3.8%	(2.3 - 6.3)		16,732	5.3%	(4.7 - 5.9)		NS	261	6.9%	(4.0 - 11.6)		6,813	10.1%	(9.0 - 11.2)		NS	347	1.0%	(0.2 - 3.9)		9,919	0.7%	(0.5 - 0.9)		NS	Yes
2014	919	6.3%	(4.6 - 8.6)		21,797	4.7%	(4.2 - 5.1)		NS	405	10.9%	(7.7 - 15.1)		9,340	8.5%	(7.7 - 9.3)		NS	514	1.7%	(0.8 - 3.9)		12,457	1.0%	(0.7 - 1.3)		NS	Yes
Has rule not allowing smoking anywhere inside their home																									
2011	-	-	- -		-	-	- -			-	-	- -		-	-	- -			-	-	- -		-	-	- -			
2012	-	-	- -		-	-	- -			-	-	- -		-	-	- -			-	-	- -		-	-	- -			
2013	276	90.7%	(85.4 - 94.2)		7,750	88.7%	(87.4 - 89.8)		NS	118	92.4%	(86.3 - 95.9)		3,121	88.3%	(86.2 - 90.0)		NS	158	89.0%	(79.5 - 94.4)		4,629	89.1%	(87.5 - 90.5)		NS	No
2014	465	87.9%	(83.6 - 91.1)		10,582	89.0%	(87.9 - 90.0)		NS	197	85.9%	(79.1 - 90.7)		4,448	87.9%	(86.1 - 89.5)		NS	268	89.7%	(83.7 - 93.6)		6,134	90.0%	(88.6 - 91.2)		NS	No
Overweight and Obesity																									
Obese (BMI=30+)^																									
2011	845	29.6%	(25.8 - 33.6)		24,366	28.4%	(27.6 - 29.2)		NS	339	33.2%	(27.3 - 39.6)		10,102	29.2%	(28.0 - 30.4)		NS	506	26.0%	(21.4 - 31.1)		14,264	27.6%	(26.5 - 28.8)		NS	No
2012	588	30.6%	(26.0 - 35.6)		18,385	28.6%	(27.7 - 29.6)		NS	235	27.1%	(20.8 - 34.5)		7,781	29.2%	(27.9 - 30.6)		NS	353	34.1%	(27.7 - 41.0)		10,604	28.1%	(26.8 - 29.3)		NS	No
2013	581	26.3%	(22.2 - 30.9)		16,250	29.6%	(28.4 - 30.7)		NS	263	25.3%	(19.5 - 32.1)		6,860	30.8%	(29.1 - 32.5)		NS	318	27.4%	(21.9 - 33.7)		9,390	28.4%	(26.9 - 29.9)		NS	No
2014	898	34.6%	(31.1 - 38.4)		21,129	30.3%	(29.3 - 31.3)		NS	413	37.4%	(32.3 - 42.9)		9,398	31.7%	(30.2 - 33.2)		NS	485	31.7%	(26.8 - 36.9)		11,731	28.7%	(27.4 - 30.1)		NS	No
Obese (BMI=30+), among disabled^																									
2011	251	42.5%	(35.0 - 50.3)		6,765	39.6%	(37.9 - 41.3)		NS	93	47.9%	(36.0 - 60.1)		2,498	38.2%	(35.5 - 40.9)		NS	158	37.4%	(28.8 - 46.8)		4,267	40.8%	(38.6 - 43.0)		NS	No
2012	158	42.1%	(32.2 - 52.6)		4,729	40.7%	(38.5 - 42.8)		NS	53	35.9%	(21.5 - 53.4)		1,836	38.9%	(35.6 - 42.2)		NS	105	47.2%	(34.6 - 60.1)		2,893	42.3%	(39.6 - 45.1)		NS	No
2013	133	35.2%	(26.1 - 45.7)		4,010	42.7%	(40.1 - 45.3)		NS	64	28.6%	(17.3 - 43.5)		1,630	42.4%	(38.5 - 46.3)		NS	69	44.3%	(31.5 - 57.8)		2,380	43.0%	(39.7 - 46.4)		NS	No
2014	233	44.3%	(37.1 - 51.7)		5,202	40.6%	(38.4 - 42.9)		NS	100	40.7%	(30.3 - 52.0)		2,119	39.5%	(36.1 - 42.9)		NS	133	48.1%	(38.7 - 57.6)		3,083	41.7%	(38.9 - 44.6)		NS	No

Indicators	Overall								Men								Women								LHD Gender Diff.[e]
	South Heartland				State of NE				South Heartland				State of NE				South Heartland				State of NE				
	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		
Overweight or Obese (BMI=25+)																									
2011	845	63.2%	(58.9 - 67.4)		24,366	64.9%	(64.0 - 65.8)	NS	339	70.1%	(63.4 - 76.0)		10,102	72.8%	(71.5 - 74.1)	NS	506	56.4%	(50.7 - 61.9)		14,264	56.8%	(55.5 - 58.1)	NS	Yes
2012	588	68.7%	(63.1 - 73.7)		18,385	65.0%	(64.0 - 66.0)	NS	235	72.5%	(63.8 - 79.8)		7,781	72.3%	(70.8 - 73.7)	NS	353	64.8%	(57.5 - 71.4)		10,604	57.6%	(56.2 - 59.0)	NS	No
2013	581	63.5%	(57.7 - 68.9)		16,250	65.5%	(64.2 - 66.7)	NS	263	65.9%	(56.8 - 73.9)		6,860	72.2%	(70.4 - 74.0)	NS	318	60.9%	(53.5 - 67.9)		9,390	58.5%	(56.8 - 60.2)	NS	No
2014	898	69.4%	(65.6 - 72.9)		21,129	66.7%	(65.6 - 67.8)	NS	413	75.1%	(69.9 - 79.6)		9,398	73.8%	(72.3 - 75.3)	NS	485	63.3%	(57.8 - 68.4)		11,731	59.2%	(57.7 - 60.7)	NS	Yes
Nutrition																									
Consumed sugar-sweetened beverages 1 or more times per day in past 30 days																									
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	275	28.4%	(22.4 - 35.2)		7,822	28.5%	(26.8 - 30.3)	NS	118	37.2%	(27.7 - 47.9)		3,164	35.8%	(33.1 - 38.5)	NS	157	19.6%	(13.1 - 28.4)		4,658	21.7%	(19.7 - 24.0)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Currently watching or reducing sodium or salt intake																									
2011	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	277	56.1%	(49.1 - 62.8)		7,818	46.3%	(44.6 - 48.1)	+	119	54.2%	(43.8 - 64.3)		3,165	43.4%	(40.8 - 46.0)	NS	158	57.9%	(48.5 - 66.7)		4,653	49.1%	(46.8 - 51.5)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Median times per day consumed fruits																									
2011	813	0.98	(0.96 - 1.01)		24,090	1.02	(1.02 - 1.04)	-	313	0.71	(0.57 - 0.91)		9,660	0.99	(0.99 - 1.00)	-	500	1.04	(0.99 - 1.14)		14,430	1.14	(1.13 - 1.14)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	577	0.98	(0.93 - 1.11)		15,949	1.00	(1.00 - 1.00)	NS	245	0.90	(0.66 - 0.98)		6,462	0.99	(0.99 - 1.00)	-	332	1.13	(0.98 - 1.41)		9,487	1.07	(1.06 - 1.14)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Consumed fruits less than 1 time per day																									
2011	813	44.4%	(40.1 - 48.8)		24,090	40.1%	(39.2 - 41.1)	NS	313	56.1%	(49.3 - 62.7)		9,660	46.2%	(44.8 - 47.6)	+	500	34.0%	(28.6 - 39.7)		14,430	34.3%	(33.1 - 35.6)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	577	41.4%	(36.0 - 47.0)		15,949	39.7%	(38.5 - 41.0)	NS	245	49.8%	(41.4 - 58.2)		6,462	45.4%	(43.4 - 47.3)	NS	332	33.6%	(27.0 - 40.8)		9,487	34.4%	(32.8 - 36.1)	NS	Yes
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Median times per day consumed vegetables																									
2011	808	1.44	(1.40 - 1.57)		23,785	1.46	(1.44 - 1.50)	NS	310	1.28	(1.15 - 1.43)		9,534	1.35	(1.33 - 1.41)	NS	498	1.59	(1.50 - 1.75)		14,251	1.57	(1.57 - 1.61)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	571	1.49	(1.34 - 1.59)		15,700	1.57	(1.55 - 1.58)	NS	242	1.18	(1.04 - 1.31)		6,373	1.43	(1.42 - 1.50)	-	329	1.72	(1.58 - 2.10)		9,327	1.70	(1.66 - 1.73)	NS	Yes
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Consumed vegetables less than 1 time per day																									
2011	808	27.1%	(23.3 - 31.3)		23,785	26.2%	(25.4 - 27.1)	NS	310	34.8%	(28.4 - 41.7)		9,534	29.7%	(28.4 - 31.0)	NS	498	20.1%	(16.1 - 24.8)		14,251	22.9%	(21.8 - 24.1)	NS	Yes
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	571	24.8%	(20.1 - 30.2)		15,700	23.3%	(22.2 - 24.4)	NS	242	32.3%	(24.3 - 41.4)		6,373	26.6%	(25.0 - 28.4)	NS	329	17.7%	(13.5 - 23.0)		9,327	20.1%	(18.7 - 21.6)	NS	Yes
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Physical Activity																									
No leisure-time physical activity in past 30 days^																									
2011	829	29.2%	(25.5 - 33.2)		24,433	26.3%	(25.5 - 27.1)	NS	319	34.7%	(28.7 - 41.3)		9,795	27.2%	(26.0 - 28.5)	+	510	24.2%	(20.0 - 29.0)		14,638	25.4%	(24.3 - 26.5)	NS	No
2012	606	24.0%	(19.7 - 28.9)		19,153	21.0%	(20.2 - 21.9)	NS	237	27.8%	(21.0 - 35.7)		7,865	20.4%	(19.3 - 21.7)	NS	369	20.3%	(15.3 - 26.4)		11,288	21.6%	(20.5 - 22.8)	NS	No
2013	582	29.5%	(24.6 - 34.9)		16,158	25.3%	(24.2 - 26.4)	NS	246	35.2%	(27.1 - 44.3)		6,567	26.3%	(24.7 - 28.1)	NS	336	24.3%	(19.3 - 30.1)		9,591	24.3%	(22.9 - 25.8)	NS	No
2014	940	26.1%	(23.0 - 29.4)		22,396	21.3%	(20.5 - 22.2)	+	415	28.2%	(23.5 - 33.4)		9,598	21.2%	(20.0 - 22.5)	+	525	24.0%	(20.1 - 28.5)		12,798	21.4%	(20.2 - 22.5)	NS	No
Met aerobic physical activity recommendation^																									
2011	799	49.1%	(44.7 - 53.5)		23,735	49.0%	(48.0 - 49.9)	NS	307	46.8%	(40.0 - 53.8)		9,544	47.2%	(45.8 - 48.6)	NS	492	51.1%	(45.5 - 56.8)		14,191	50.6%	(49.4 - 51.9)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	560	46.2%	(40.8 - 51.7)		15,730	50.1%	(48.8 - 51.4)	NS	237	40.4%	(32.6 - 48.8)		6,416	48.8%	(46.9 - 50.7)	NS	323	51.6%	(44.6 - 58.6)		9,314	51.4%	(49.7 - 53.1)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Met muscle strengthening recommendation^																									
2011	819	24.2%	(20.5 - 28.4)		24,204	28.1%	(27.3 - 29.0)	NS	314	22.7%	(17.2 - 29.3)		9,697	32.0%	(30.6 - 33.4)	-	505	25.6%	(20.7 - 31.1)		14,507	24.5%	(23.4 - 25.6)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	577	22.7%	(18.5 - 27.6)		16,021	28.4%	(27.2 - 29.6)	NS	242	21.4%	(15.4 - 29.1)		6,499	31.0%	(29.2 - 32.8)	-	335	23.9%	(18.3 - 30.4)		9,522	26.0%	(24.5 - 27.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Met both aerobic physical activity and muscle strengthening recommendations^																									
2011	794	17.4%	(14.0 - 21.4)		23,567	19.0%	(18.2 - 19.8)	NS	305	16.8%	(11.8 - 23.3)		9,477	19.7%	(18.5 - 20.9)	NS	489	18.0%	(13.7 - 23.3)		14,090	18.4%	(17.4 - 19.4)	NS	No
2012	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
2013	560	14.1%	(10.6 - 18.3)		15,635	18.8%	(17.8 - 19.9)	NS	237	11.6%	(7.2 - 18.2)		6,366	19.4%	(17.9 - 21.0)	NS	323	16.3%	(11.6 - 22.5)		9,269	18.2%	(16.8 - 19.6)	NS	No
2014	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

Indicators	Overall								Men								Women								LHD Gender Diff.[e]
	South Heartland				State of NE				South Heartland				State of NE				South Heartland				State of NE				
	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	
Injury																									
Always wear a seatbelt when driving or riding in a car^																									
2011	822	62.8%	(58.4 - 67.0)		24,208	71.3%	(70.5 - 72.1)		-	315	50.7%	(43.9 - 57.4)		9,683	63.7%	(62.4 - 65.0)		-	507	73.5%	(68.1 - 78.3)		14,525	78.6%	(77.5 - 79.5)		NS	Yes
2012	598	60.6%	(55.0 - 66.0)		18,851	69.7%	(68.7 - 70.6)		-	232	46.6%	(38.4 - 54.9)		7,731	61.7%	(60.2 - 63.2)		-	366	74.1%	(67.1 - 80.1)		11,120	77.3%	(76.1 - 78.4)		NS	Yes
2013	577	65.7%	(60.5 - 70.6)		16,053	74.1%	(73.0 - 75.2)		-	244	50.2%	(41.8 - 58.6)		6,520	67.0%	(65.3 - 68.7)		-	333	80.0%	(74.2 - 84.8)		9,533	80.8%	(79.5 - 82.1)		NS	Yes
2014	912	59.0%	(55.1 - 62.8)		21,599	72.4%	(71.5 - 73.3)		-	401	50.8%	(45.1 - 56.4)		9,241	64.7%	(63.2 - 66.2)		-	511	67.1%	(61.7 - 72.0)		12,358	79.8%	(78.7 - 80.9)		-	Yes
Texted while driving in past 30 days																									
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2012	286	21.0%	(15.4 - 28.0)		11,451	26.8%	(25.6 - 27.9)		NS	116	26.9%	(17.7 - 38.8)		4,757	29.2%	(27.5 - 31.0)		NS	170	15.9%	(10.2 - 24.1)		6,694	24.4%	(22.8 - 26.0)		NS	No
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
Talked on a cell phone while driving in past 30 days																									
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2012	287	60.7%	(53.9 - 67.1)		11,424	69.1%	(68.0 - 70.2)		-	116	66.5%	(56.3 - 75.4)		4,742	71.5%	(69.9 - 73.2)		NS	171	55.8%	(46.9 - 64.3)		6,682	66.7%	(65.2 - 68.2)		-	No
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
Had a fall in past year, aged 45 years and older																									
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2012	480	30.1%	(25.4 - 35.1)		13,738	28.8%	(27.7 - 29.9)		NS	180	27.8%	(20.8 - 35.9)		5,384	26.9%	(25.3 - 28.5)		NS	300	32.1%	(26.2 - 38.6)		8,354	30.5%	(29.1 - 31.9)		NS	No
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2014	665	29.7%	(25.9 - 33.7)		15,672	26.1%	(25.1 - 27.2)		NS	279	32.1%	(26.2 - 38.5)		6,513	24.5%	(23.0 - 26.1)		+	386	27.5%	(22.9 - 32.6)		9,159	27.6%	(26.2 - 29.0)		NS	No
Injured due to a fall in past year, aged 45 years and older																									
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2012	479	11.8%	(8.7 - 15.7)		13,719	9.9%	(9.2 - 10.6)		NS	179	8.9%	(5.0 - 15.4)		5,377	7.7%	(6.7 - 8.7)		NS	300	14.2%	(10.1 - 19.8)		8,342	11.8%	(10.9 - 12.9)		NS	No
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2014	664	11.5%	(9.0 - 14.6)		15,648	8.8%	(8.2 - 9.5)		NS	278	12.1%	(8.3 - 17.3)		6,502	6.8%	(6.0 - 7.7)		+	386	10.9%	(7.9 - 15.0)		9,146	10.6%	(9.7 - 11.6)		NS	No
Mental Health																									
Ever told they have depression																									
2011	870	19.6%	(16.5 - 23.2)		25,333	16.8%	(16.2 - 17.5)		NS	338	13.9%	(10.0 - 18.9)		10,198	11.5%	(10.7 - 12.4)		NS	532	25.0%	(20.4 - 30.2)		15,135	22.0%	(21.0 - 23.0)		NS	Yes
2012	605	13.8%	(10.4 - 18.1)		19,115	16.7%	(16.0 - 17.5)		NS	237	8.9%	(5.6 - 13.9)		7,853	12.4%	(11.4 - 13.5)		NS	368	18.6%	(13.2 - 25.5)		11,262	20.9%	(19.8 - 22.1)		NS	No
2013	623	18.5%	(14.6 - 23.1)		17,065	18.2%	(17.3 - 19.2)		NS	269	15.0%	(9.9 - 22.2)		6,940	12.9%	(11.6 - 14.2)		NS	354	21.9%	(16.6 - 28.2)		10,125	23.4%	(22.0 - 24.8)		NS	No
2014	937	20.7%	(17.8 - 23.9)		22,345	17.7%	(16.9 - 18.6)		NS	416	14.7%	(11.1 - 19.1)		9,581	13.0%	(11.8 - 14.2)		NS	521	26.5%	(22.2 - 31.4)		12,764	22.3%	(21.1 - 23.5)		NS	Yes
Frequent Mental Distress in past 30 days																									
2011	858	11.0%	(8.6 - 14.0)		25,036	9.2%	(8.7 - 9.7)		NS	332	9.4%	(6.2 - 14.0)		10,097	7.7%	(7.0 - 8.4)		NS	526	12.5%	(9.2 - 16.9)		14,939	10.7%	(9.9 - 11.5)		NS	No
2012	592	7.2%	(4.8 - 10.7)		18,935	9.0%	(8.4 - 9.7)		NS	231	5.0%	(2.4 - 10.3)		7,786	7.4%	(6.6 - 8.3)		NS	361	9.4%	(5.9 - 14.7)		11,149	10.6%	(9.7 - 11.5)		NS	No
2013	615	9.0%	(6.1 - 13.0)		16,889	8.9%	(8.2 - 9.6)		NS	266	9.2%	(5.1 - 16.1)		6,889	6.8%	(5.9 - 7.9)		NS	349	8.8%	(5.3 - 14.1)		10,000	10.9%	(9.8 - 12.0)		NS	No
2014	919	8.1%	(6.3 - 10.5)		22,131	8.2%	(7.6 - 8.8)		NS	402	5.5%	(3.3 - 8.9)		9,482	6.4%	(5.6 - 7.3)		NS	517	10.7%	(7.9 - 14.3)		12,649	9.9%	(9.0 - 10.8)		NS	No
Currently taking medication or receiving treatment for a mental health condition																									
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2012	299	5.9%	(3.2 - 10.7)		6,643	11.0%	(10.0 - 12.1)		NS	112	2.9%	(1.3 - 6.7)		2,693	7.4%	(6.2 - 8.9)		NS	187	8.7%	(4.1 - 17.4)		3,950	14.5%	(12.9 - 16.2)		NS	No
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
Symptoms of serious mental illness in past 30 days																									
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2012	293	1.7%	(0.6 - 4.6)		6,555	3.2%	(2.6 - 3.9)		NS	109	0.6%	(0.1 - 4.1)		2,657	2.5%	(1.8 - 3.7)		NS	184	2.7%	(0.9 - 8.2)		3,898	3.8%	(2.9 - 4.9)		NS	No
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
2014	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-	
Alcohol and Drug Use																									
Any alcohol consumption in past 30 days																									
2011	813	56.2%	(51.8 - 60.5)		24,051	61.8%	(60.9 - 62.7)		-	311	64.7%	(57.9 - 70.9)		9,597	67.7%	(66.4 - 69.1)		NS	502	48.6%	(43.1 - 54.2)		14,454	56.2%	(55.0 - 57.4)		-	Yes
2012	600	54.5%	(49.1 - 59.9)		18,891	61.3%	(60.3 - 62.3)		-	235	65.5%	(57.4 - 72.9)		7,749	68.7%	(67.2 - 70.1)		NS	365	43.9%	(37.0 - 51.1)		11,142	54.2%	(52.8 - 55.6)		-	Yes
2013	604	50.7%	(45.4 - 56.0)		16,614	57.5%	(56.2 - 58.7)		-	259	60.7%	(52.2 - 68.7)		6,754	63.3%	(61.4 - 65.2)		NS	345	41.4%	(35.1 - 48.1)		9,860	51.8%	(50.2 - 53.5)		-	Yes
2014	915	58.0%	(54.1 - 61.7)		21,612	59.2%	(58.1 - 60.3)		NS	402	66.3%	(60.8 - 71.4)		9,246	65.2%	(63.6 - 66.8)		NS	513	49.8%	(44.6 - 55.1)		12,366	53.4%	(52.0 - 54.9)		NS	Yes
Binge drank in past 30 days^																									
2011	811	22.8%	(19.1 - 26.9)		23,948	22.7%	(21.9 - 23.5)		NS	309	31.9%	(25.7 - 38.9)		9,533	30.2%	(28.9 - 31.5)		NS	502	14.6%	(10.9 - 19.4)		14,415	15.7%	(14.7 - 16.7)		NS	Yes
2012	590	20.0%	(15.5 - 25.5)		18,742	22.1%	(21.3 - 23.0)		NS	229	30.6%	(22.9 - 39.5)		7,664	29.1%	(27.6 - 30.5)		NS	361	10.4%	(6.3 - 16.7)		11,078	15.5%	(14.5 - 16.6)		NS	Yes
2013	602	17.1%	(13.3 - 21.6)		16,500	20.0%	(19.0 - 21.1)		NS	258	24.1%	(17.7 - 31.8)		6,687	25.2%	(23.6 - 26.9)		NS	344	10.7%	(6.9 - 16.1)		9,813	15.0%	(13.8 - 16.4)		NS	Yes
2014	908	20.2%	(17.1 - 23.8)		21,443	20.3%	(19.4 - 21.3)		NS	399	28.5%	(23.5 - 34.2)		9,149	26.8%	(25.3 - 28.3)		NS	509	12.1%	(8.8 - 16.3)		12,294	14.1%	(13.0 - 15.3)		NS	Yes

Indicators	Overall								Men								Women								LHD Gender Diff.[e]
	South Heartland			State of NE					South Heartland			State of NE					South Heartland			State of NE					
	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	
Heavy drinking in past 30 days																									
2011	808	7.0%	(5.0 - 9.6)	23,906	7.5%	(7.0 - 8.1)		NS	307	9.6%	(6.1 - 14.8)	9,514	9.2%	(8.4 - 10.2)		NS	501	4.6%	(3.0 - 7.1)	14,392	5.9%	(5.2 - 6.6)		NS	No
2012	588	7.8%	(4.9 - 12.2)	18,738	7.2%	(6.6 - 7.7)		NS	227	9.1%	(4.9 - 16.3)	7,668	8.5%	(7.7 - 9.4)		NS	361	6.6%	(3.2 - 13.0)	11,070	5.9%	(5.3 - 6.6)		NS	No
2013	600	4.1%	(2.4 - 6.9)	16,513	6.8%	(6.2 - 7.5)		NS	258	5.8%	(3.1 - 10.7)	6,698	7.3%	(6.4 - 8.3)		NS	342	2.5%	(1.0 - 6.3)	9,815	6.3%	(5.5 - 7.2)		NS	No
2014	908	6.2%	(4.5 - 8.6)	21,447	6.4%	(5.9 - 7.0)		NS	396	8.0%	(5.1 - 12.3)	9,158	7.5%	(6.7 - 8.5)		NS	512	4.6%	(2.9 - 7.2)	12,289	5.3%	(4.7 - 6.1)		NS	No
Alcohol impaired driving in past 30 days																									
2011	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2012	601	3.3%	(1.7 - 6.2)	18,895	3.4%	(3.1 - 3.8)		NS	234	6.3%	(3.2 - 12.1)	7,741	5.5%	(4.9 - 6.3)		NS	367	0.4%	(0.1 - 1.6)	11,154	1.4%	(1.1 - 1.8)		NS	Yes
2013	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2014	912	2.7%	(1.7 - 4.3)	21,627	2.5%	(2.2 - 2.9)		NS	400	4.2%	(2.4 - 7.0)	9,242	4.1%	(3.5 - 4.9)		NS	512	1.3%	(0.5 - 3.4)	12,385	1.0%	(0.7 - 1.3)		NS	No
Took pain medication prescribed by doctor in past year																									
2011	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2012	295	32.9%	(26.8 - 39.6)	11,767	30.2%	(29.1 - 31.4)		NS	119	40.7%	(30.7 - 51.5)	4,835	27.3%	(25.7 - 29.0)		+	176	26.2%	(19.4 - 34.3)	6,932	33.0%	(31.5 - 34.6)		NS	No
2013	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2014	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
Had leftover pain meds after last filled script, among those who took pain meds in past year																									
2011	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2012	96	47.7%	(36.0 - 59.7)	3,848	49.2%	(46.9 - 51.4)		NS	46	-*	-* - -*	1,423	43.9%	(40.4 - 47.4)		NA	50	51.8%	(35.7 - 67.5)	2,425	53.4%	(50.5 - 56.3)		NS	NA
2013	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2014	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
Immunization and Infectious Disease																									
Had a flu vaccination in past year, aged 18 years and older																									
2011	816	49.1%	(44.8 - 53.4)	24,156	41.1%	(40.2 - 42.0)		+	311	46.2%	(39.7 - 52.9)	9,663	35.1%	(33.8 - 36.5)		+	505	51.6%	(46.0 - 57.2)	14,493	46.8%	(45.6 - 48.1)		NS	No
2012	600	43.0%	(37.8 - 48.4)	18,903	42.2%	(41.2 - 43.2)		NS	234	38.2%	(30.6 - 46.4)	7,754	36.8%	(35.4 - 38.2)		NS	366	47.7%	(40.8 - 54.7)	11,149	47.5%	(46.1 - 48.8)		NS	No
2013	576	43.0%	(37.9 - 48.3)	16,022	45.2%	(43.9 - 46.4)		NS	243	39.4%	(31.8 - 47.6)	6,506	41.2%	(39.4 - 43.1)		NS	333	46.4%	(39.7 - 53.2)	9,516	48.9%	(47.2 - 50.6)		NS	No
2014	913	43.1%	(39.4 - 46.9)	21,638	43.9%	(42.9 - 45.0)		NS	401	36.7%	(31.6 - 42.2)	9,262	38.8%	(37.3 - 40.4)		NS	512	49.3%	(44.1 - 54.5)	12,376	48.9%	(47.4 - 50.3)		NS	Yes
Had a flu vaccination in past year, aged 65 years and older^																									
2011	323	74.0%	(68.4 - 78.9)	8,185	61.8%	(60.3 - 63.3)		+	107	75.7%	(66.0 - 83.2)	2,875	59.6%	(57.1 - 62.1)		+	216	72.8%	(65.8 - 78.8)	5,310	63.4%	(61.5 - 65.3)		+	No
2012	255	60.8%	(53.2 - 67.9)	6,625	62.9%	(61.2 - 64.6)		NS	88	59.1%	(46.3 - 70.8)	2,327	60.9%	(58.1 - 63.6)		NS	167	62.3%	(53.5 - 70.3)	4,298	64.4%	(62.4 - 66.5)		NS	No
2013	218	67.5%	(59.7 - 74.4)	5,652	66.2%	(64.2 - 68.1)		NS	90	64.2%	(51.6 - 75.2)	2,067	67.6%	(64.4 - 70.6)		NS	128	70.3%	(60.9 - 78.3)	3,585	65.0%	(62.6 - 67.4)		NS	No
2014	325	64.4%	(58.5 - 69.9)	7,610	64.8%	(63.2 - 66.3)		NS	134	61.4%	(52.0 - 70.0)	2,971	66.0%	(63.6 - 68.3)		NS	191	67.0%	(59.5 - 73.8)	4,639	63.8%	(61.8 - 65.8)		NS	No
Ever had a pneumonia vaccination, aged 65 years and older^																									
2011	316	70.5%	(64.4 - 75.9)	7,997	70.3%	(68.8 - 71.7)		NS	104	66.2%	(55.7 - 75.4)	2,772	66.7%	(64.2 - 69.1)		NS	212	73.5%	(66.1 - 79.7)	5,225	72.9%	(71.2 - 74.5)		NS	No
2012	251	68.7%	(61.1 - 75.5)	6,413	70.0%	(68.4 - 71.6)		NS	85	60.0%	(46.9 - 71.7)	2,225	66.9%	(64.1 - 69.6)		NS	166	76.3%	(68.1 - 82.9)	4,188	72.3%	(70.3 - 74.1)		NS	No
2013	211	76.4%	(69.2 - 82.3)	5,478	71.7%	(69.8 - 73.4)		NS	84	73.9%	(61.8 - 83.1)	1,970	71.5%	(68.5 - 74.3)		NS	127	78.5%	(69.4 - 85.5)	3,508	71.8%	(69.4 - 74.0)		NS	No
2014	314	74.5%	(68.9 - 79.4)	7,372	72.3%	(70.9 - 73.7)		NS	132	70.8%	(61.7 - 78.5)	2,849	70.3%	(67.9 - 72.5)		NS	182	77.9%	(70.8 - 83.7)	4,523	73.9%	(72.1 - 75.7)		NS	No
Had a tetanus vaccination since 2005																									
2011	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2012	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2013	532	56.3%	(50.4 - 61.9)	14,650	60.2%	(58.9 - 61.5)		NS	222	58.8%	(49.3 - 67.7)	6,015	63.1%	(61.1 - 65.0)		NS	310	53.9%	(46.7 - 60.9)	8,635	57.4%	(55.6 - 59.1)		NS	No
2014	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
Ever had a shingles vaccination, aged 50 years and older																									
2011	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2012	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2013	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2014	611	32.9%	(28.9 - 37.1)	14,247	27.9%	(26.9 - 29.0)		NS	253	34.7%	(28.5 - 41.4)	5,892	25.7%	(24.2 - 27.3)		+	358	31.3%	(26.4 - 36.6)	8,355	29.9%	(28.5 - 31.3)		NS	No
Ever been tested for HIV, 18-64 year olds (excluding blood donation)																									
2011	485	25.1%	(20.7 - 30.0)	15,561	30.8%	(29.7 - 31.8)		NS	198	21.2%	(15.3 - 28.7)	6,612	28.4%	(27.0 - 29.9)		NS	287	28.6%	(22.6 - 35.4)	8,949	33.1%	(31.7 - 34.6)		NS	No
2012	338	27.3%	(21.6 - 33.7)	11,879	30.9%	(29.8 - 32.1)		NS	142	23.4%	(16.0 - 32.8)	5,254	27.9%	(26.3 - 29.5)		NS	196	31.2%	(23.3 - 40.3)	6,625	34.0%	(32.4 - 35.7)		NS	No
2013	346	24.5%	(19.2 - 30.8)	10,049	31.8%	(30.3 - 33.3)		NS	149	20.1%	(13.1 - 29.7)	4,304	29.1%	(27.0 - 31.3)		NS	197	28.8%	(21.4 - 37.5)	5,745	34.4%	(32.5 - 36.4)		NS	No
2014	559	26.6%	(22.4 - 31.2)	13,474	30.9%	(29.6 - 32.2)		NS	255	24.4%	(18.9 - 30.8)	6,042	28.6%	(26.8 - 30.5)		NS	304	28.8%	(22.9 - 35.5)	7,432	33.2%	(31.4 - 35.0)		NS	No
Oral Health																									
Visited a dentist or dental clinic for any reason in past year^																									
2011	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2012	601	67.9%	(62.4 - 72.9)	19,052	67.6%	(66.6 - 68.5)		NS	236	68.7%	(60.6 - 75.9)	7,827	64.2%	(62.7 - 65.6)		NS	365	67.0%	(59.4 - 73.8)	11,225	70.9%	(69.6 - 72.1)		NS	No
2013	-	-	- -	-	-	- -			-	-	- -	-	-	- -			-	-	- -	-	-	- -			
2014	935	61.6%	(57.8 - 65.2)	22,257	66.4%	(65.3 - 67.4)		-	413	59.8%	(54.2 - 65.2)	9,543	63.2%	(61.6 - 64.8)		NS	522	63.2%	(58.0 - 68.2)	12,714	69.4%	(68.0 - 70.8)		NS	No

Indicators	Overall									Men									Women									LHD Gender Diff.[e]
	South Heartland				State of NE					South Heartland				State of NE					South Heartland				State of NE					
	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	
Had any permanent teeth extracted due to tooth decay or gum disease																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	597	42.2%	(37.1	- 47.5)	18,824	39.8%	(38.8	- 40.8)	NS	234	40.8%	(33.2	- 48.9)	7,750	39.2%	(37.7	- 40.6)	NS	363	43.6%	(36.9	- 50.6)	11,074	40.4%	(39.1	- 41.7)	NS	No
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2014	929	44.9%	(41.2	- 48.7)	22,084	39.2%	(38.1	- 40.2)	+	412	49.2%	(43.6	- 54.8)	9,489	39.4%	(37.9	- 41.0)	+	517	40.6%	(35.8	- 45.6)	12,595	38.9%	(37.5	- 40.2)	NS	No
Had any permanent teeth extracted due to tooth decay or gum disease, 45-64 year olds^																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	223	42.5%	(35.2	- 50.2)	7,138	47.7%	(46.1	- 49.3)	NS	93	39.7%	(28.7	- 51.8)	3,077	48.7%	(46.3	- 51.1)	NS	130	45.2%	(35.7	- 55.0)	4,061	46.7%	(44.6	- 48.8)	NS	No
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2014	344	49.7%	(43.9	- 55.5)	8,201	45.9%	(44.3	- 47.5)	NS	150	56.5%	(47.7	- 64.9)	3,631	47.5%	(45.1	- 50.0)	NS	194	43.4%	(35.9	- 51.1)	4,570	44.3%	(42.1	- 46.5)	NS	No
Had all permanent teeth extracted due to tooth decay or gum disease, aged 65 years and older																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	254	15.2%	(10.4	- 21.8)	6,502	13.4%	(12.3	- 14.5)	NS	89	13.5%	(6.6	- 25.4)	2,313	12.0%	(10.3	- 13.9)	NS	165	16.8%	(10.9	- 25.1)	4,189	14.4%	(13.0	- 16.0)	NS	No
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2014	325	15.3%	(11.5	- 20.0)	7,657	14.1%	(13.0	- 15.2)	NS	136	9.5%	(5.4	- 16.1)	3,010	14.4%	(12.8	- 16.3)	NS	189	20.5%	(14.9	- 27.6)	4,647	13.8%	(12.5	- 15.3)	NS	No
Had all permanent teeth extracted due to tooth decay or gum disease, 65-74 year olds^																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	108	14.0%	(7.3	- 25.3)	3,149	11.3%	(9.9	- 12.8)	NS	43	-*	-*	- -*	1,268	9.3%	(7.5	- 11.4)	NA	65	11.5%	(5.4	- 22.7)	1,881	13.1%	(11.1	- 15.3)	NS	NA
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2014	184	12.4%	(8.0	- 18.8)	4,089	10.9%	(9.5	- 12.3)	NS	86	7.3%	(3.3	- 15.3)	1,804	12.0%	(9.9	- 14.4)	NS	98	17.7%	(10.5	- 28.3)	2,285	9.8%	(8.2	- 11.7)	NS	No
Social Context																												
Housing insecurity in past year, among those who own or rent their home^																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	264	26.7%	(19.8	- 34.9)	6,089	26.6%	(25.0	- 28.3)	NS	99	26.2%	(16.4	- 39.1)	2,481	24.7%	(22.3	- 27.3)	NS	165	27.1%	(18.2	- 38.4)	3,608	28.5%	(26.3	- 30.8)	NS	No
2013	261	26.1%	(20.1	- 33.2)	7,324	28.8%	(27.1	- 30.5)	NS	111	25.3%	(16.5	- 36.7)	2,961	25.0%	(22.5	- 27.7)	NS	150	26.9%	(19.3	- 36.1)	4,363	32.3%	(30.0	- 34.7)	NS	No
2014	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
Food insecurity in past year^																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	297	18.6%	(12.9	- 26.2)	6,621	17.6%	(16.2	- 19.0)	NS	111	12.8%	(6.2	- 24.6)	2,684	13.9%	(12.1	- 16.0)	NS	186	23.8%	(15.6	- 34.5)	3,937	21.1%	(19.1	- 23.2)	NS	No
2013	276	16.2%	(11.5	- 22.5)	7,828	19.0%	(17.6	- 20.6)	NS	119	11.0%	(5.4	- 21.1)	3,159	15.4%	(13.4	- 17.7)	NS	157	21.5%	(14.7	- 30.3)	4,669	22.5%	(20.5	- 24.6)	NS	No
2014	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
Inadequate Sleep																												
Get less than 7 hours of sleep per day																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2013	618	29.6%	(24.7	- 35.0)	16,972	31.8%	(30.6	- 33.0)	NS	269	35.1%	(27.2	- 43.9)	6,927	32.6%	(30.8	- 34.4)	NS	349	24.1%	(18.9	- 30.3)	10,045	31.0%	(29.5	- 32.6)	NS	No
2014	932	29.6%	(26.0	- 33.3)	22,171	30.0%	(29.0	- 31.0)	NS	412	29.2%	(24.2	- 34.8)	9,526	30.7%	(29.2	- 32.2)	NS	520	29.9%	(25.1	- 35.2)	12,645	29.4%	(28.1	- 30.7)	NS	No
Average hours of sleep per day																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2013	618	7.2	(7.1	- 7.4)	16,972	7.1	(7.0	- 7.1)	NS	269	7.1	(6.9	- 7.3)	6,927	7.0	(7.0	- 7.1)	NS	349	7.3	(7.1	- 7.5)	10,045	7.1	(7.0	- 7.1)	NS	No
2014	932	7.1	(7.0	- 7.2)	22,171	7.1	(7.0	- 7.1)	NS	412	7.1	(7.0	- 7.3)	9,526	7.0	(7.0	- 7.1)	NS	520	7.1	(7.0	- 7.3)	12,645	7.1	(7.1	- 7.1)	NS	No
Occupational Safety and Health																												
Work-related injury or illness in past year, among employed or recently out of work																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2013	182	7.2%	(3.7	- 13.5)	4,952	4.8%	(3.9	- 5.8)	NS	77	11.8%	(5.6	- 23.4)	2,246	6.1%	(4.8	- 7.7)	NS	105	2.3%	(0.6	- 8.1)	2,706	3.3%	(2.2	- 4.9)	NS	No
2014	281	5.8%	(3.1	- 10.7)	6,966	4.9%	(4.1	- 5.9)	NS	149	6.6%	(3.0	- 14.0)	3,403	5.4%	(4.4	- 6.7)	NS	132	4.7%	(1.6	- 13.0)	3,563	4.3%	(3.1	- 6.0)	NS	No
Health Literacy																												
Lacking confidence in their ability to fill out health forms																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2014	872	37.1%	(33.4	- 41.0)	20,778	34.3%	(33.3	- 35.4)	NS	383	47.0%	(41.3	- 52.7)	8,826	41.2%	(39.6	- 42.9)	NS	489	27.7%	(23.0	- 32.9)	11,952	27.8%	(26.4	- 29.1)	NS	Yes

Indicators	Overall									Men									Women									LHD Gender Diff.[e]
	South Heartland				State of NE					South Heartland				State of NE					South Heartland				State of NE					
	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	n[a]	mean or %[b]	95% C.I.[c] (Low - High)		n[a]	mean or %[b]	95% C.I.[c] (Low - High)		Sig[d]	
Written health information is always or nearly always easy to understand																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2014	874	69.1%	*(65.3*	*- 72.8)*	20,755	73.4%	*(72.4*	*- 74.4)*	NS	377	63.2%	*(57.4*	*- 68.7)*	8,796	68.7%	*(67.2*	*- 70.3)*	NS	497	74.7%	*(69.6*	*- 79.3)*	11,959	77.9%	*(76.7*	*- 79.1)*	NS	Yes
Always or nearly always get help reading health information																												
2011	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2012	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2013	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-		
2014	887	13.6%	*(11.0*	*- 16.6)*	21,042	11.5%	*(10.8*	*- 12.2)*	NS	387	18.1%	*(14.0*	*- 23.2)*	8,953	13.3%	*(12.2*	*- 14.4)*	NS	500	9.1%	*(6.5*	*- 12.7)*	12,089	9.8%	*(8.9*	*- 10.8)*	NS	Yes

Note: Data reflect the four county LHD region of Adams, Clay, Nuckolls, and Webster Counties

Note: Data reflect both landline and cell phone responses

Note: This table is not intended to be inclusive of all BRFSS indicators; some were excluded due to small numbers at the LHD level

Note: This table excludes 2011 BRFSS optional module and state added questions data due to the data being landline only

Note: The results in this table may be slightly different than results in previously published reports and tables due differences in the software used and/or how the statistical analysis code was written; these results were analyzed using SAS and SAS-callable SUDAAN software

[a] Non-weighted sample size among adults 18 and older (unless different age group noted)

[b] Weighted mean, median, or percentage (percentages are followed by the % symbol) among adults 18 and older (unless different age group noted)

[c] Low and High are the lower and upper limits of the 95% confidence interval, respectively

[d] Symbols represent: "+" = LHD value significantly higher than the state value; "-" = LHD value significantly lower than the state value; "NS" = LHD value not statistically different than the state value; significant differences based on 95% confidence interval overlap

[e] Indicates whether there is a significant difference by gender within the LHD region, based on non-overlapping 95% confidence intervals; note that small sample sizes for males and females can make interpreting significance difficult due to large confidence intervals

^ Reflects a Nebraska Healthy People 2020 (HP2020) measure

* Data suppressed due to a small number of respondents (i.e., fewer than 50)

Source: Nebraska Behavioral Risk Factor Surveillance System (BRFSS), September 2015